Book title: Llama Llama red pajama

Author: Anna Dewdney

Supplies for activities needed:

- 2 ½ cups old fashioned rolled oats
- ½ cup nuts, roughly chopped
- ¼ cup honey
- ¼ cup unsalted butter
- 1/3 cup brown sugar
- 1 tsp vanilla extract
- ¼ tsp kosher salt
- ¼ cup peanut butter
- ½ cup M&Ms
- ¼ cup mini chocolate chips

Activity Name: Bedtime granola bars to make with your guardian

- School Readiness Outcomes (SRO) goals met:
 - o Initiating interaction with familiar adults
- Instructions
 - 1. Preheat oven to 350 degrees and prepare a 9-inch square baking dish with parchment paper or cooking spray
 - 2. Place the oats and nuts on a baking sheet and bake for 8-10 minutes until slightly toasted
 - 3. When the oats and nuts are in the oven, mix together the honey, butter and brown sugar in a small saucepan. Cook this over medium heat until the butter is melted. Stir constantly.
 - 4. Once the mixture comes to a boil, stir it for one more minute and then remove it from the heat
 - 5. Stir in the vanilla, salt and peanut butter into the sauce pan
 - 6. Take out the nuts and oats from the oven and pour them into a large bowl.

- 7. Pour the butter mixture into the bowl with the nuts and oats and stir until combined
- 8. Wait about 15 minutes then put in the M&Ms and chocolate chips to prevent them from melting.
- 9. Place this mixture into the prepared dish and chill for an hour before eating.

• Extension Activity Ideas

o Think of two other snacks you want to make with your guardians before bedtime and draw them in the circles below. Then ask them to make it with you!



