

Book title: I Am Enough

Author: Grace Byers

Supplies for activities needed:

- Paper strips
- Markers
- Stapler/ glue/ tape

Activity Name: Affirmation Bracelets

- School Readiness Outcomes (SRO) goals met:
  - o Expresses feelings
  - o Beginning writing
  - o Produce Speech
- Instructions
  1. On the strips of paper, write affirmations (I am brave, I am strong etc.)
  2. Staple/glue/ tape the paper around child's wrist to create a bracelet
- Extension Activity Ideas
  - o Designate two buckets, one with a happy face and one with a sad face.
  - o Have popsicle sticks with different feelings and have our partner kids organize the sticks with different feelings to the correct bucket.



