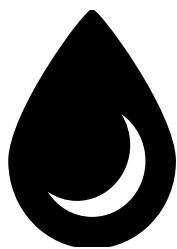


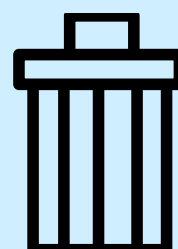
# WAYS YOU CAN HELP THE EARTH



**USE LESS WATER!**  
NOT USING IT? TURN IT OFF!

## REDUCE, REUSE, RECYCLE!

LEARN ABOUT WHAT GOES IN THE GARBAGE AND WHAT GOES IN THE RECYCLING! ALSO, THINK ABOUT WAYS YOU CAN USE LESS RESOURCES LIKE PLASTIC AND SINGLE USE UTENSILS!



## SAVE AND MAXIMIZE ENERGY!

WHEN YOU LEAVE A ROOM, TURN OFF THE LIGHT!

## TAKE A WALK!

TAKE A BIKE RIDE OR A WALK INSTEAD OF DRIVING TO NEARBY LOCATIONS!



## MAKE COMPOST!

SAVE YOUR KITCHEN SCRAPS AND USE THEM TO MAKE A COMPOST! FOODS TO SAVE: FRUIT AND VEGGIE PEELS. COFFEE GROUNDS. EGGSHELLS. FLOWERS.

## GO MEATLESS ON MONDAYS!

EATING A PLANT-BASED MEAL IS GOOD FOR YOU AND THE PLANET!

