

Book title: *Ambitious Girl*

Author: Meena Harris

Supplies for activities needed:

- Crayons, markers, etc.
- Affirmation cards (print or view digitally)
- “When I grow up” sheet
- Your imagination and some ambition!

Activity Name: Positive Affirmations

“As our children learn behaviors and wire their brain, affirmations are very effective in nurturing wellbeing in childhood. Affirming positive messages are like acts of kindness and love towards themselves that build self-esteem and self-belief which will stay with them throughout their life.” ([ripplekindness.org](http://ripplekindness.org))

- School Readiness Outcomes (SRO) goals met:
  - Beginning writing
    - Writing some words or short phrases
  - Expresses feelings
  - Relates to adults
    - Works on complex projects with an adult
- Instructions
  1. Print off the affirmation cards and read through them with your child, having them repeat after you.
  2. Using the 3 blank cards have the child write their own affirmations. Ex: I am funny, I am caring, etc.
  3. Display these cards somewhere your child can see them, using them as daily reminders of all the amazing things they are!

Activity Name: When I Grow Up

- School Readiness Outcomes (SRO) goals met:
  - Plans complex activities
    - Acting alone, using materials to organize active play
  - Plans complex activities
    - Acts alone or joins with others to carry out complex and varied sequence of events/activities
  - Makes and expresses choices
    - Indicating desired activity, giving description of intended action
  
- Instructions
  1. Print the attached activity document
  2. Have your child draw what they would like to be when they grow up. Dream big! Be ambitious! You are capable of being whoever you wish to be!
  3. Time to use your imagination! Take a look at the list of careers at the end of the document (or make your own) and play pretend. You could dress up, make props, etc. to play pretend!
  
- Extension Activity Ideas:
  - There are so many ambitious women in history that accomplished some incredible things. Below you will find a list of a few of these amazing women with titles of children's books to guide you in your learning!
    - Katherine Johnson
      - *Counting on Katherine: How Katherine Johnson Saved Apollo 13* by Helaine Becker
    - Eugenie Clark
      - *Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist* by Jess Keating

- Malala Yousafzai
  - *Malala's Magic Pencil* by Malala Yousafzai
- Anna Pavlova
  - *Swan: The Life and Dance of Anna Pavlova* by Laurel Snyder and Julie Morstad
- Wilma Mankiller
  - *Wilma's Way Home: The Life of Wilma Mankiller* by Linda Kukuk
- *A is for Awesome! 23 Iconic Women Who Changed the World* by Eva Chen

